



18th Annual Northeast Training CAMP – 2025

HOSTED BY SHOJIN DOJO - CLARK, NJ

Clark Recreation Center

430 West Westfield Avenue

Clark, New Jersey 07066

FRIDAY, SEPTEMBER 12, 2025

6:00 - 6:30 PM	Registration			
6:35 – 6:50 PM (15 min)	Bow In/Warmup			
GROUP SESSION #1	Kids	White & Green+/ Advanced Kids	Brown+	Black+
6:55 - 8:40 PM (1 Hr 45 min)	Nunchaku Sensei Tom	Sparring Senseis M-J, Steve and Keith	Sparring Senseis M-J, Steve and Keith	Test 2 Black Stripe Master Jessica
8:45 PM – 9:00 PM(15 min)	Bow Out			
9:00 PM	Dinner			

SATURDAY, SEPTEMBER 13, 2025

8:15 - 8:45 AM	Registration and Lite Breakfast				
9:00 – 9:15 AM	Bow In/Warmup				
SESSION #1 A & B	Kids	White & Green+/ Advanced Kids	Brown+	Black+	
1 A - 9:20 - 10:15 AM (55 min)	9:20-10:05 Introduction to Tambo Senseis Doug and Tom	Bo 1 Master Jessica	Bo 2 / 3 Sensei MJ	Double Weapons Masters Robert and Elizabeth	
1 B – 10:20 - 11:10 AM (55 min)	10:20-11:05 Tambo Drills and Disarms Senseis Doug and Tom	Applications to Kata Master Robert	Combination Drills Master Elizabeth	Dan Preparation Review Master Jessica and Sensei M-J MATS	
SESSION #2	Kids Teens & Adults	White & Green+/ Advanced Kids	Brown+	Black+	Shodan Test
11:15 - 12:30 (1Hr 15 min)	Monkey Kata Sensei M-J MATS	Tambo Drills and Disarms Sensei Doug	Review of All Tambo skills & Applications including drills, Kata, Disarms and Tambo 1 Master Jessica	Tambo 3 Sensei Angel	Shodan Test Masters Robert, & Elizabeth MATS
12:30 - 1:20 PM (50 min)	Lunch				
1:25 - 1:45PM (20 min)	Demonstrations				
SESSION #3	Kids	White & Green+/ Advanced Kids		Black+	Black+
1:50-3:05 PM (1 Hr 15 min)	Balance and Animal Drill Challenges Sensei Doug MATS	Kicking from the Mats Master Elizabeth	Brown and Black Belt + Bo 6 Master Robert and Sensei M-J	Double Tambo 1 Sensei Felix	Black Belt and Dan Demonstration Preparation Master Jessica MATS
SESSION #4	Kids	White & Green / Advanced Kids			
3:10 - 4:25PM (1 Hr 15 min)	Ninja Training, Knife Defense, Weapons Master Jessica	Judo to Strikes Sensei M-J and Senpai Ilya MATS	Knife Defense Concepts and Disarms Sensei Doug Storm	Wing Chun Drills, Defense and Attacks Sensei Keith Ford	
4:30 – 4:55 PM (25 min)	Promotions, Closing Remarks – Bow Out - Group Photo – Clean Up				
5:00 – 5:45 PM (45 min)	Black Belt / Masters Meeting				
5:50 – 6:50 (1 Hr)	Dinner				
6:50 PM- ??	Social and Party for ALL participants, family members and friends – Game Room will be open for KIDS of ALL AGES				